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# CUTTING EDGE Deliberations on WOMEN & DIABETES

## SAIDIP 2018

The 2<sup>nd</sup> Congress of  
South Asia Initiative for  
Diabetes in Pregnancy

### SCIENTIFIC HIGHLIGHTS

Scientific Programme will have a  
spread of the Usual and Unusual

- Symposium
- Panel discussions
- Invited lectures
- Current concepts
- Updates
- Posters
- Paper presentations
- Keynotes

High Profile Dialogue: Women,  
Development & Health Dialogue  
with major stakeholders

- Ministry of Health
- UNFPA
- PSI
- Bill and Melinda Gates Foundation
- UNICEF
- Media

### Special Sessions

- Court Room drama
- Point counter point
- Stump the experts

### Debates

- Reality bytes
- Vignettes presented by YUVA
- 5mins/ 5 slides

Hosted by



## 25<sup>th</sup> - 27<sup>th</sup> May 2018

### ITC Gardenia, Bengaluru



### Participating Organisations



[www.saidip2018.com](http://www.saidip2018.com)



# SCIENTIFIC PROGRAMME

## Translating evidence into practice (on the ground examples from South Asia)

- Jhpeigo- Madhya Pradesh implementation challenges
- FOGSI- INDIA capacity building initiatives
- NiropiMatha Sri Lanka – organising systems for care
- Bangladesh – what's done what's desired ?
- WDF program in UP – reaching the unreached

## Collaborations and joint scientific sessions and statements Participating organisations – experience shared

**SAIDIP**      **FIGO**      **SAFOG**  
**DIPSI**      **FOGSI**      **AOFOG**



**Dr HEMA DIVAKAR**  
*Organising Chairperson*

**DIVAKARS SPECIALITY HOSPITAL**  
H.No.: 220, 9th Cross Road, Phase-2,  
Next to Nilgiris, J P Nagar,  
Bengaluru, Karnataka 560078

Phone: +91 8040853500  
Email: saidip2018bengaluru@gmail.com  
Website: www.saidip2018.com

## Topics Covered

- The definition, classification and impact of hyperglycemia during pregnancy on maternal and fetal outcomes
- FIGO GUIDELINES – What are the Key Messages?
- Pre conception care and women's health – challenges and strategies to improve compliance and care
- Hyperglycemia in first trimester-Maternal and fetal evaluation
- Testing in every trimester – the logic and feasibility?
- Early diagnosis of HIP – what next – the evaluation and management algorithm
- Co- morbid PIH and Anemia- impact on ultrasound surveillance
- Ultrasound evaluation of Diabetic pregnancy
- Antenatal Fetal monitoring in GDM
- Fetal Surveillance – Ultrasound – Biometry/Dopplers, Glucose monitoring
- Maternal Surveillance
- OADs may be used as first line treatment after lifestyle intervention in women with GDM/DIP. / Metformin is the OAD of choice for treatment of GDM/DIP when lifestyle intervention is inadequate
- Fetal echography-Are we routinely recommending ?
- Assessing fetal growth and lung maturity – when, why and how to intervene
- Intrapartum management of Mother and foetus
- Time and Mode of Intervention
- Pre term birth in HIP – managing the mother and baby
- Shoulder dystocia and child with Erb's palsy.
- Missed diagnosis of HIP – detected preoperative, intra operative complications, still birth.
- Missed diagnosis of HIP - post-delivery fulminating perineal infection.
- Child with mental retardation – instrumental vaginal delivery with neonatal hypoglycemia and jaundice
- Post-partum care – challenges and strategies to improve compliance
- Ideal Practical issues in life style counselling
- DIP CLINIC
- Practical obstetrics in Diabetic mother
- PPH Drills/ Shoulder Dystocia Drills,
- Tackling difficulties in delivering macrosomic babies at Cesarean section
- Basics of calorie calculation and medical nutrition therapy
- Glucometer –how to use?
- Safe Insulins and how to start and monitor?